



RCCM Annual Conference 2022



Programme

Time	Event	Details
9.00 – 9.15	Zoom call opens	Log in, complete interactive polls
9.15 – 9.20	Welcome and housekeeping	With Carol Granger
9.20 – 10.00	Keynote lecture: <i>The patient-practitioner relationship in complementary medicine: a health psychology perspective</i>	Dr Felicity Bishop, University of Southampton
10.00 – 11.30	Oral presentations 1	Integrated medicine for chronic illness: chronic illness (6 x 15mins) (see below for details)
11.30 – 11.40	Break	
11.40 – 13.00	Poster presentations	19 x 4 minute pre-recorded poster presentations. (see below for details)
13.00 – 13.30	Lunch break	
13.30 – 13.55	Chat rooms	Four interactive chat rooms facilitated by experts in: <ul style="list-style-type: none"> - Qualitative research - PROMs, MYMOP and MYCAW - Evidence-based (informed) practice - Service evaluation
14.00 – 15.00	Workshops	A choice of two workshops: Getting your work published Or Ethics in CAM research
15.00 – 15.45	Oral presentations 2	Integrated medicine for chronic illness: the practitioners' voice (3 x 15mins) (see below for details)
15.45 – 16.00	Break	
16.00 – 17.00	Oral presentations 3	Integrated medicine for chronic illness: cancer (4 x 15mins) (see below for details)
17.00 – 17.30	Q&A	Q&A with our panel of experts.
	Final housekeeping	Prize winner announcements and important closing information.

Oral presentations

10.00 – 11.30 Integrated medicine for chronic illness: chronic illness and integration
10.00-10.15: Kirti Paik-Inkar Feasibility study: Effect of virgin coconut oil to enhance the cognition, brain functions and quality of life in older adults diagnosed with mild to moderate dementia
10.15-10.30: Klara Dolakova Integration of Complementary and Alternative Medicine (CAM) into the Czech healthcare system: possibilities, benefits, risks, and detection of some ethical dilemmas
10.30-10.45: Kereaseen Oluwatobiloba Wearable technology for promoting physical activity in middle-aged adults with chronic musculoskeletal pain,
10.45-11.00: Lucy Doyle Yoga Use and Quality of Life in Irritable Bowel Syndrome: A mixed-methods study
11.00-11.15: Anne Majumdar A mixed methods pragmatic trial of a pulsed electro-magnetic field device to improve feelings of wellbeing among those with Type 2 diabetes
11.15-11.30: Miranda Harris Nutritional knowledge, attitude, and behaviour of post-menopausal women living in the United Kingdom, and the relationship of nutritional knowledge, attitude, and behaviour with menopausal symptom severity.
15.00 – 15.45 Integrated medicine for chronic illness: the practitioners' voice and including family
15.00-15.15: Anita Lienhard What Are Fertility Physicians Professional Opinion About Traditional Chinese Medicine as Adjuvant Therapy? - A Qualitative Study Using Framework Analysis
15.15-15.30: Leisa Bellmore [in this session due to geographical time difference] Hand self-shiatsu to promote sleep among Veterans and their family members - A non-randomized, multiple-methods study
15.30-15.45: Laurie Heaps What dosas of acupuncture do UK-based acupuncturists use to treat endometriosis-related symptoms? A mixed methods practitioner survey.
16.00 – 17.00 Integrated medicine for chronic illness: cancer
16.00-16.15: Beverley de Valois Acupuncture in the real world: evaluating a 15-year NADA auricular acupuncture service for breast cancer treatment related hot flushes
16.15-16.30: Lorna Duncan Perceptions of breast cancer patients and healthcare professionals on self-administered mistletoe (viscum album) therapy: a qualitative study.
16.30-16.45: Nicola Brough The implementation of the Warwick Holistic Health Questionnaire (WHHQ-25/18) and service evaluation in an oncology department using complementary and Integrative approaches.
16.45-17.00: Beverley de Valois An evaluation of a ScarWork service for cancer survivors experiencing adverse effects of surgery and/or radiotherapy

Poster presentations

Kirsty Baxter	Exploring the lived experience of personal growth in individuals who have experienced weight loss - An Interpretive Phenomenological Analysis study
Leisa Bellmore, MSc, ST	The experience of Shiatsu for care partners and persons living with dementia: A qualitative pilot study
Andrew Fortuna	Ketone bodies and the brain: Investigating the potential neuroprotective role of ketones in Alzheimers disease by modulating brain energy metabolism.
Elaine Hamilton Grundy	Could consumer research play a role in establishing efficacy in CAM? A study on the benefits of Reiki as reported by Reiki practitioners.
Miranda Harris	A Pilot Study into the Effectiveness of an Internet and Video Consultation Multidisciplinary Programme for Chronic Fatigue Syndrome/Myalgic Encephalomyelitis and Fibromyalgia
Miranda Harris	Nutritional knowledge, attitude and dietary behaviour regarding the role gut bacteria contributes to optimal health
Dima Ivanova	Mixed Methods Systematic Review of the Literature Base Exploring Working Alliance in the Chiropractic Profession
Dr Anne Jensen	A Novel Approach to Pain Management using an Emotional-Somatic Release Technique in a Yoga Context
Sarah Churchward	"The sessions have been a real lifeline": User experiences and outcomes of integrative cancer support delivered online
Tomas Pfeiffer	Alternative Medicine (Cam) In The World What Is Silenced
Tomas Pfeiffer	Biotronics Czech spiritual healing method: who seeks Biotronics, why and what they experience, a mixed-method study
Kritika Pandey	A Pilot Study of community-based Integrative Ayurveda Program in patients with Fibromyalgia
Jo Sorotos	An evaluation of trial design and methodology within asthma and acupuncture randomised controlled trials: a critical literature review
Nicola Wardhaugh	Participants perception of effects of auricular acupuncture on people affected by the Grenfell Tower Fire: a cross-sectional survey

RCCM Annual Conference

2022

The RCCM is grateful to all our corporate members:



ASSOCIATION OF ACUPUNCTURE CLINICIANS

Association of Acupuncture Clinicians



British Acupuncture Council

British Acupuncture Council



British Association of Therapeutic Hypnotists & NLP Practitioners



British Society of Clinical Hypnosis



The Bowen Therapy Professional Association



Complementary Health Professionals



Complementary & Natural Healthcare Council

Complementary and Natural Healthcare Council



Complementary Medical Association



The World's Leading Professional EFT Association



The voice of hypnotherapy

UK Confederation of Hypnotherapy Organisations



Federation of Holistic Therapists



Homeopathy Research Institute



HOHM



The International Federation of Professional Aromatherapists



Kinesiology Foundation



National Institute of Medical Herbalists



UK REIKI FEDERATION

Uk Reiki Federation



Shiatsu Society



The Society of Teachers of the Alexander Technique



National Council for Hypnotherapy

And the following organisations for their support at the conference:

