

## **RCCM Achievements**

When they came together in 1983, the intention of the RCCM's founders was to encourage and facilitate research into complementary and alternative medicine (CAM) and to ensure that the results were as widely disseminated as possible. This remains our focus to this day.

Among the first organisation of its type, the RCCM provided a range of services to meet its main objectives. For example, the RCCM has been active in education, publications, conferences and facilitating international co-ordination.

It created a unique thesaurus of CAM terms, which forms a reference work and is still used today enabling retrieval of research information more comprehensive on the CISCOM database.

It has developed the comprehensive CAMRN web pages to provide a single source of information on CAM research and resources, events and conferences, books and book reviews, training and courses, job opportunities and interaction with fellow CAM researchers.

The RCCM continues its work in its 26<sup>th</sup> year with great support from its members in the world of CAM and researchers. It runs a successful conference each year 'CAMSTRAND' that brings together researchers who share and learn new ways of working from a variety of speakers. Recent speakers have included Dr Jacqui Stringer, an experienced cancer nurse and clinical aromatherapist (CAMSTRAND 2018), Professor Aneez Esmail, GP and researcher who practices acupuncture within his practice (CAMSTRAND 2018) and Professor Hugh MacPherson, Professor of Acupuncture Research in the Department of Health Sciences at University of York (CAMSTRAND 2017). It also runs an Award system for its members to aid CAM projects and recent recipients include Dr Nicola Brough, for her work in developing the Warwick Holistic Health Questionnaire and Lucy Field for her work 'Building Resilience Through Heart Rate Variability Biofeedback Training'. For both these activities do please refer to the website.

It continues to Investigate the underlying principles of CAM in order to clarify issues relating to the integration of CAM and orthodox medicine and attends the All Parliamentary Group for Integrated Healthcare regularly together with meetings held by NICE and other influential bodies.

If you did want to join us in our work as a trustee, or if you wish to advise us of any issues, events etc, or have any questions then please do email at [info@rccm.org.uk](mailto:info@rccm.org.uk)